

Meat up your macaroni!  
**Superbites**  
Eat well for less!

## Meaty Macaroni & Cheese

### INGREDIENTS

- 907 g of Best Value Lean Ground Beef
- 2 onions, peeled and chopped
- 3 cloves garlic, peeled and chopped (optional)
- 2 cans 796 ml of Best Value Diced Tomatoes
- 1 ½ cups elbow macaroni (NOT COOKED)
- 2 cups Shredded Best Value Essentials Cheese
- 1 ½ tsp chilli powder
- 2 tsp dried Italian herbs, such as basil and oregano (optional)

### PREPARATION

Serve with raw vegetables, water and dried fruit.  
Recipe takes about 45 minutes to prepare and cook.

This popular recipe is prepared in just one pot.  
The macaroni cooks with all the other ingredients.

### EASY DIRECTIONS:

1. Combine meat, onions and garlic over medium heat.
2. Cook until browned, stirring frequently.
3. Add the uncooked macaroni and tomatoes (with juice).
4. Turn up heat and bring to a boil.
5. Turn down heat, cover and cook for 10 minutes or until macaroni is tender.
6. Add a little water if the mixture is too thick.
7. Remove pot from heat, stir in cheese, chilli powder and dried herbs.
8. Cover and let sit for 5 minutes, or until cheese has melted.



**\$7.90**  
per serving  
in Attawaniskat  
Serves 8

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**Best Value**  
**Lean Ground**  
**Beef**  
907 g

**25¢**  
off

