

FOR IMMEDIATE RELEASE

**The North West Company's Foundation hosts its
Third Annual 5K Fun Run/Walk**

Winnipeg, MB, June 26, 2019 – The North West Company's Healthy Horizons Foundation is hosting its 3rd Annual 5K Fun Run/Walk this Thursday in the heart of downtown Winnipeg, all to help youth in Canada's north build strong, healthy lifestyles.

The race will kick off at 12 noon beginning at the Oodena Celebration Circle at The Forks, a gathering point for over 6,000 years. Runners will then wind through St. Boniface before looping back near Fort Gibraltar – connecting two of the city's most historic places.

The North West Company's foundation, Healthy Horizons, is dedicated to improving the health and well-being of Northern youth. All the Fun Run/Walk proceeds will support youth programs that promote healthy active living in the northern communities we serve through Northern, NorthMart and Giant Tiger stores.

“We are strongly committed to improving opportunities, providing financial support and encouraging our youth to embrace a healthy lifestyle,” said Gary Merasty, Executive Vice President and Chief Development Officer at The North West Company.

Runners can pick up their race kits starting at 11:15 a.m. on race day, Thursday, June 27, with a pre-race welcome at 11:45 a.m.

For more information on the Healthy Horizons 5K Fun Run/Walk, please visit www.northwest.ca/foundation/5k-fun-run

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About The North West Company

The North West Company (NWC) is a retailer serving rural communities and urban neighbourhoods in Canada, Alaska, the South Pacific and Caribbean. We are committed to helping our customers live better by bringing them the best products and services together with a tradition of community support. North West's Northern and NorthMart stores are the largest local private employer of Indigenous people in Canada, with over 3,000 employees and an annual payroll exceeding \$65 million.

Northern

NorthMART

**GIANT
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